



THE BAYOU

KITCHEN & LOUNGE

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LONGWOOD • SANFORD

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 THEBAYOUSANFORD  THE BAYOU KITCHEN & LOUNGE-SANFORD

OUR SCRATCH KITCHEN IS COMMITTED TO THE FRESHEST & MOST AUTHENTIC INGREDIENTS TO CRAFT OUR "NATURALLY NEW ORLEANS" CUISINE!

ON THE BAYOU SNACKS

HOLY TRINITY CRAB CAKES / 19

three 2oz cakes • pan seared • spring mix • Bayou Remoulade sauce

CHARGRILLED OYSTERS

NOLA BABY - HALF DOZEN / 18 | DOZEN / 33

garlic herb butter • parmesan

DOWN SOUTH - HALF DOZEN / 18 | DOZEN / 33

collard greens

BAYOU STYLE - HALF DOZEN / 21 | DOZEN / 36

crawfish étouffée

BUCK JUMP SHRIMP / 17

seven jumbo shrimp • spicy Buck Jump Sauce • spring mix

SWAMP BITES

GATOR / 16 REDFISH / 19 LOBSTER / 19

creole honey mustard • Streetcar Sauce

CAJUN DIP / 15

spinach • cheddar • monterey Jack • brie • mozzarella • garlic bread • tri-color chips

Bayou Dat! Add shrimp or crawfish for \$7.00

VOODOO BALLS / 20

Chef K's take on boudin • andouille • tasso • jasmine rice • parmesan panko breaded • Who Dat Sauce

NOLA FRIES

mixed cheeses • green onion • ranch • Mardi Gras Drizzle

MID-CITY / 15

beef brisket • chicken • Bayou Gravy

UPTOWN / 15

andouille • tasso • bacon • sausage gravy

DOWNTOWN / 17

shrimp • crawfish étouffée sauce

BAYOU SWAMP GARDEN & WINGS

GUMBO CUP / 8 • BOWL / 15

Chef K's Grandma Marion's recipe with a hint of filé.

Bayou Dat! Add potato salad for \$2.00

THE BAYOU HOUSE SALAD / 9

mixed greens • red onion • tomato • cucumber • cheese • garlic bread

Bayou Dat! Add chicken for \$5.00 • shrimp for \$7.00 • salmon for \$9.00

WINGS SIX / 12 • TWELVE / 21 • EIGHTEEN / 27

served naked • two sauces • ranch or bleu cheese

DRESSING & DIPPERS / ranch, balsamic vinaigrette, creole honey mustard, bleu cheese, Who Dat Sauce, Buck Jump Sauce, Mardi Gras Aioli, Bayou Remoulade, buffalo, bbq, Voodoo BBQ, garlic parmesan, jerk, lemon pepper, thai chili (extra sauces: \$0.50 each)

THE CLASSIC POBOYZ

SHRIMP • CATFISH / 16 GATOR / 17 OYSTER / 17 RED FISH / 18

Leidenheimer bread • fully dressed • Bayou Remoulade sauce

Bayou Dat! Add french fries, okra, hush puppies, or onion rings for \$2.00

DA BAYOU STYLE SAMICHES

Served on a brioche bun or french bread with house chips.

Bayou Dat! Add french fries, okra, hush puppies, or onion rings for \$2.00

ORLEANS AND CLAIBORNE / 16

fried or blackened chicken • lettuce • tomato • onion • pickle

BAYOU BURGER / 20

7oz burger • brisket • egg • jerk chicken • Voodoo BBQ • smoked gouda • spring mix • tomato • onion rings

SALMON GRILLED CHEESE / 20

blackened salmon • smoked gouda • spinach • brie cheese • tomato

SLOPPY NOLA / 17

roasted beef brisket on French • caramelized onions • sweet peppers • smoked gouda • Bayou Gravy

JAMAICAN ME CRAZY / 16

chopped jerk chicken on French • caramelized onions • sweet peppers • smoked gouda • jerk sauce



OUR BAYOU FAVORITES

Take a walk down the bayou with these dishes.

BOURBON STREET FRIED RICE / 22

lobster • shrimp • jerk chicken • andouille • egg • onions • sweet peppers • carrots • ginger • Cajun spices

BAYOU LOBSTER MAC / 26

cavatappi • sauteed lobster • shrimp • andouille • mixed cheeses • fried shrimp • dusted parmesan

SHRIMP & GRITS / 19

creamy grits • andouille • tasso • French Quarter Gravy • mixed cheese • bacon bits

Bayou Dat! Add catfish for \$5.00 • salmon for \$7.00 • red fish for \$9.00

RED BEANS & RICE / 17

Creole style beans • andouille • tasso • jasmine rice • grilled smoked sausage

JAMMIN ON THE BAYOU / 22

Chef K's jambalaya • shrimp • crawfish • chicken • andouille • tasso • tomato • jasmine rice

FRIED BAYOU FLOAT / 28

Pick 3: gator • beans • Cajun Dip • red fish • lobster • hush puppies • Buck Jump Shrimp • crawfish étouffée

LAKE PONTCHARTRAIN / 27

catfish • salmon • red fish • crawfish étouffée • jasmine rice

DRINKS

4.00

We offer Coca-Cola® Products.

Free refill except for the *Abita Root Beer®

Coca-Cola®	Hi-C Lemonade®
Diet Coca-Cola®	Hi-C Fruit Punch®
Coke Zero®	Sweet Tea
Sprite®	*Abita Root Beer®
Fanta Orange®	

SIDES

5.00

French Fries	Garlic Toast
Collard Greens	Macaroni & Cheese
Fried Okra	Potato Salad \$7.00
Grits	Onion Rings \$7.00
Cornbread	Hush Puppies \$7.00

LAGNIAPPES

Here's a little something extra special for your soul!

CHICKEN & WAFFLES / 17

pearl sugar waffles • chopped jerk chicken or fried chicken strips

THE BIG EASY / 17

chicken, shrimp, or catfish • sundried tomatoes • mushroom • spinach cream sauce • jasmine rice

Bayou Dat! Add red fish or salmon for \$6.00

RED FISH ORLEANS / 25

Cajun Fried Rice • NoLa Street Corn • Mardi Gras Sauce

Substitute red fish for salmon or shrimp.

HERE ON THE BAYOU / At our core, we're dedicated to preserving the true essence of Creole and Cajun cuisines. We are committed to prioritizing quality over quantity. Every dish is crafted from scratch, sourcing only the freshest seafood, premium proteins, and authentic herbs and spices! We're confident you'll find something from home on our menu that will delight your palate. You're on the Bayou now! So sit back, relax, and let the good times roll!

THE BAYOU

WHERE

EVERYDAY IS

MARDI GRAS!

